

Advancing Global Health as a Connected Community



Join us for a *Seniors Health Fair & Education*

September 29, 2023

SENIORS HEALTH FAIR - LIVING OUR BEST LIFE

Visit our community fair focusing on senior-friendly topics that support resilience, independence, and quality of life in older adults. Experts within the hospital as well as from local, community healthcare agencies will be present at a variety of booths to share information on topics such as mobility, pain, polypharmacy, nutrition, social engagement, foot care, addictions, Alzheimer's disease, and seniors' recreation programs.

Time: 10:00am - 11:00am

Location: Main Lobby

EDUCATION SESSION

Join our patient education session with Dr. Mauli Mehta, Geriatrician, as she provides an overview of cognitive impairment. This session will be offered in-person, and as well as virtually. It will also be recorded and available for replaying on Oak Valley Health's patient education page at a more convenient time.



Topic: [Overview of Cognitive Impairment \(click to join\)](#)

Speaker: Dr. Mauli Mehta, Geriatrician

Time: 1:00pm - 2:00pm

Location: Auditorium (2nd floor)



Scan here to join session

Location:

Cornell Community Centre

3201 Bur Oak Avenue
Markham, ON, L6B 0T2

Parking:

Accessed in the parking garage adjacent to the Cornell Community Centre. Parking tickets can be validated at the community centre desk.



Garage Entrance

Community Centre
Entrance