

What to bring to your appointment

- OHIP card
- All current medications
- Translator, if needed

Location

Markham Site
Diagnostic Services is located on the second floor of Building B.

Where to park

Parking is available in Visitor's Parking Lot 1 – Main Entrance/Link Lobby. Located on Church Street between Ninth Line and Bur Oak and can be accessed by the entrance off of Butternut Lane.

Where to go on the day of your appointment

Before proceeding to your appointment, you must **register with Main Entrance Registration** located in the Main Lobby (2nd Floor, Building A) **15 minutes before** your scheduled appointment.

Appointment Date: _____

Appointment Time: _____

To reschedule or cancel your appointment, call Patient Scheduling at 905-472-7020.

If you are feeling unwell, have a high temperature, cough or sore throat on or before the day of your appointment, please reschedule your appointment.

BROPFT (11/16)



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Pulmonary Function Test



Patient Information



MARKHAM STOUFFVILLE HOSPITAL
A PROUD HERITAGE – AN EXTRAORDINARY FUTURE

What is a Pulmonary Function Test?

A pulmonary function test is a series of four breathing tests that measure how well your lungs take in and release air and how well they move gases, like oxygen, into the body. This test shows the presence and extent of lung abnormalities. It is also used to evaluate the need for inhalers and the effects of medication on the lungs.

This test is ordered for patients who have the following symptoms or conditions:

- Asthma
- Chronic bronchitis
- Emphysema
- Pulmonary fibrosis
- Shortness of breath
- Persistent cough
- Wheezing

A pulmonary function test is done to investigate the cause of shortness of breath and to diagnose certain lung diseases such as asthma, chronic obstructive pulmonary disease (COPD) and pulmonary fibrosis.

What to Expect Before Your Test

Please do not take any inhalers on the day of your test. If you require emergency rescue medication or inhalers, you may take those.

Do not take Serevent or Advair for 12 hours before your test.

Do not take Ventolin (Salbutamol), Atrovent or Bricanyl for four hours before your test.

Do not smoke for four to six hours before your test. Please do not wear jewelry or perfume on the day of your test.

What to Expect During Your Test

The pulmonary function test will take approximately 30 minutes.

During your test, you will be asked to breathe into a pulmonary function machine. The respiratory therapist will ask you to perform various breathing exercises from breathing quietly to taking large breaths and blowing them out quickly.

What to Expect After Your Test

There are no specific instructions for after your pulmonary function test.

FAQS

Can I eat or drink before this test?

Yes, you may eat normal meals.

What if I am on oxygen?

There is oxygen available in the room you are in and you will be able to use it in order to preserve what is in your portable unit.

Can I take inhalers before my test?

No, please do not take any inhalers for 12 hours before your test. You may use Salbutamol up to four hours before your test.

Can I smoke before my test?

Please do not smoke for four to six hours before your test.